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SameSex Marriage

This week, Metro Canada is taking a closer look at the state of same-sex marriages. We will look at same-sex marriage in Canada, the United States and around the world — and introduce you to people who have gotten married, or plan to tie the knot.

- Today
• The math on one man's evolving understanding of pride, pg 9
Tomorrow
• An update on the status of same-sex marriages in other countries

Sunny Side

Follow Metro's SunnySide initiative as we help you find the good news around Edmonton and Canada. This is also a Call to Action for you to send us your suggestions at edmontonletters@metronews.ca, metronews.ca or on Twitter @metroedmonton.

- On metronews.ca
• Share your thoughts on Twitter using #sunnyside
• See what other Metro readers are doing and saying about SunnySide

IranCrisis

Metro Canada is keeping you up to date with everything you need to know about the evolving crisis in Iran.

- Today
• Khamenei vows no retreat on election result, pg 8
• On metronews.ca
• Look back on how events have unfolded with stories, photos and video in our ongoing Unrest in Iran section



India **Women demanding justice**



Kashmiri women participate in a demonstration against the alleged rape and murder of two Muslim women by Indian security forces, in Shopian, India yesterday. Thousands of people participated in the march to protest the May 29 incident according to officials. The chief minister of Kashmir has moved to fire several mid-level officials charged with botching an investigation into the deaths.

Health record risk

Over 200,000 files in wrong hands after heist

VICTORIA HANDYSIDES
victoria.handysides@metronews.ca

A quarter of a million confidential health records have fallen into the wrong hands, after computers were snatched from the University of Alberta Hospital recently in a brazen heist.

Although two laptops were chained to a desk in a locked room, someone evaded security measures at the hospital on June 4, prompting health officials to warn the public their personal information may be at risk.

"The reason we're doing this is, people's privacy may be compromised because there's information about them that somebody else has," said Alberta Health Services spokesman Bill Trafford.

The machines were used to house a database on disease patterns across the province like West Nile, whooping cough and mumps.

It's unlikely patient names, birth dates, their Alberta Health Care numbers and individual test results stored inside the machines have been accessed, Trafford added, as security

features on the laptops require several password entries.

Information and Privacy Commissioner Frank Work said despite password protection, he's shocked files weren't encrypted, and security measures were not up to snuff.

"Generally they're very blasé about the devices in their environments and what's on them," Work said. "They're just goofy about the way they're looking after this information. We're not mincing words about what the standard is — we're telling them. They just have to do it."

Further, officials aren't sure which patients are in the list of 250,000 or where they're from, as data is gathered from health centres all over the province.

"If it had been worse, we'd have no idea who to notify," Work said.

Despite the obvious effort to break numerous security measures, officials are confident the thieves didn't target the computers for the information they hold, Trafford added.

"Even though we dodged a bullet on this one, maybe it'll spur organizations to take better care of this stuff," Work said.

Deny pipe permit, group tells Clinton

OIL An environmental group yesterday asked U.S. Secretary of State Hillary Clinton to deny permits for pipelines that would bring oil from Canada's tarsands to the United States.

ForestEthics said production from Canadian tarsands generates up to five times more greenhouse gas emissions than conventional oil, which it said conflicts with the Obama administration's pledge to tackle global warming.

"Oil from the tarsands is one of the world's dirtiest," the group's executive director, Todd Paglia, said in a letter to Clinton. "For the U.S., continued dependence on tarsands oil would impair plans to reduce our carbon footprint in the short and long term."

Canada is the biggest foreign oil supplier to the United States and Canada's oilsands are the largest crude deposits outside the Middle East.

Nonetheless, the group urged Clinton to deny permits for pipelines that would move the oil to U.S. refineries, particularly the Alberta Clipper pipeline. The State Department has the authority to approve pipelines that would cross the U.S. border.

Enbridge Energy Partners LP's 1,000-mile pipeline would be able to carry 450,000 barrels of tarsands crude oil a day from Alberta to Wisconsin.

REUTERS

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New assistant chief judge named

Judge Eldon John Simpson has been named the new assistant chief judge for the Northern Region of the Provincial Court of Alberta effective July 1. Judge Simpson was originally appointed to the Provincial Court of Alberta Northern Region in 2003. **METRO EDMONTON**

3

Local



Volunteers sought for Indy, Capital EX

The Rexall Edmonton Indy and Capital EX are recruiting volunteers for Edmonton's biggest summer celebration, Capital EX (July 17-26) and Rexall Edmonton Indy (July 24-26). Rexall Edmonton Indy volunteer positions available include working the entry gates as well as the grandstands. They will also have access to Pit Row, the Paddock and the Sam Roberts Band concert on Friday. Go to edmontonindy.com or capitalex.ca or call (780) 471-7156 for more information. **METRO EDMONTON**

Cops to target armoured vehicles

VICTORIA HANDSIDES
victoria.handsides@metronews.ca

Alberta's top cops revealed a criminal roadblock in the battle against gang warfare yesterday, intended to park vehicles targeted by flying bullets.

As of July 1, new legisla-

tion will allow officers to halt any armoured vehicle in the province, requiring the driver pull the vehicle off the road for inspection.

If the vehicle does not pass inspection, the driver could be faced with up to \$2,000 in fines and six months in jail.

"By giving police the abil-

"They're a needle in a haystack."

Michael Chettleburgh

ity to get these vehicles — which are essentially weapons — off the road, we are delivering a major blow to gang activity in Alberta,"

Justice Minister Alison Redford said in a statement.

While the initiative is proactive, Canadian gang expert Michael Chettleburgh predicts the blow will be anything but major.

"It's not going to change the gang dynamic in Alberta remarkably in any way," he said. "If you believe that

your life is at risk, which is the ultimate price to pay for your gang involvement, I think you're still going to continue to get your car armoured-plated."

Cars with professional after-market security enhancements can slip by even a discriminating eye, he said, predicting the legis-

lation will likely net less than 10 vehicles.

"They're a needle in a haystack," he said. "It's not like all the gang-bangers are driving these cars. It's going to be select guys at the top of the food chain, who believe their lives are at risk because of the drug market they control."

News in brief

ARREST Three youths from Edmonton have been charged with aggravated assault after they badly injured an 18-year-old male on June 13 at a party near Township Road 514 and Range Road 265. Police said the 18-year-old male suffered several skull fractures and does not have movement on the left side of his body. He's still in hospital. Warrants have been issued for the arrest of these two youths. **METRO EDMONTON**

metronews.ca

What's online today.

Video Toronto Fire Services provides further details on the falling death of an elevator repairman, at metronews.ca/canada

Video Rodney MacDonald gives some parting words as he steps down as Nova Scotia Tory leader, at metronews.ca/canada



Lotteries
Lotto 6/49: 13, 19, 23, 33, 38 & 48. Bonus 2.
These results are not official.

Rocking out Works Art and Design Festival



Guitarist Matthew Ord of the Dana Wylie band performs at Churchill Square yesterday as a part of the Works Art and Design Festival.

Program aims to help men deal with conflict

FAMILY Empowering family men to begin living the lives they want will quell family violence, facilitators of a new program predict. The "Reaching for a Good Life" program is receiving a funding boost from the province, targeting men

who have experienced conflict and violence, and struggle to resolve their issues in peaceful ways. Officials say the impending program will build on men's strengths and help to develop positive relationships. Funding will also support

a "safe visitation" program for families at high risk for violence, by providing children a secure place to visit their parents.

For more information on either program, visit the-family-centre.com. **METRO EDMONTON**

Mill Woods fire deemed act of arson

INVESTIGATION Fire investigators have determined a massive inferno at a Mill Woods senior's complex at the end of May was deliberately set.

"We suspected arson from day one," said Carrington Properties presi-

dent Ken Ferchoff. "The building wasn't under construction, nothing was defective — buildings don't just decide one day they're going to burn."

Ken Ferchoff, Carrington Properties

About 160 seniors fled the burning Lifestyle Options complex at 4069 — 106 St. around 3:30 a.m. on May 31.

All escaped unscathed, except one resident who suffered minor injuries.

"Some had nowhere to go and were left standing outside with a diaper on,"

Ferchoff said.

About 50 seniors were placed in vacant rooms owned by Carrington Properties, the developer of the 11-year-old building.

"Words can't describe how we feel. The seniors' lives were there — every-

thing they owned. Family pictures, hearing aids, false teeth. It's just such a sad situation," Ferchoff said.

Original damage estimates have doubled to \$30 million.

Fire investigators have turned the file over to the Edmonton Police Services Arson Unit. Police have not yet released how the blaze was sparked, where it originated, or if there are any suspects in mind.

VICTORIA HANDSIDES/ METRO EDMONTON



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The annual Feast of Fools, a "fun"draiser for The Edmonton International Street Performers Festival, takes place tonight at 6:30 p.m. \$75 buys you a feast, drinks, a variety show previewing the 2009 StreetFest lineup, and a chance to bid in the silent auction. More info at edmontonstreetfest.com. **METRO EDMONTON**

Local soldiers among honoured in Ottawa

Governor General Michaëlle Jean announced Tuesday the appointment of 58 members of the Canadian regular and reserve forces to the Order of Military Merit. The recipients will receive their insignia during an investiture ceremony at Rideau Hall this morning.

The Order of Military

Merit was created in 1972 to recognize meritorious service and devotion to duty by members of the Canadian Forces. The Order has three levels of membership: Commander, Officer and Member. The ceremony will include the appointment of two commanders, 12 officers and 44 members.

METRO EDMONTON

Local recipients:

- Sgt. Kevin Dickson, 1 Field Ambulance, Edmonton
- Sgt. Donald Haley, 1 Field Ambulance, Edmonton
- Capt. Michael Pettigrew, Land Force Western Area Headquarters, Edmonton
- Master Warrant Officer Rus-

sell Vida, 1 Combat Engineer Regiment, Edmonton

- Chief Warrant Officer Pierre Whelan, Canadian Manoeuvre Training Centre, Denwood
- Chief Warrant Officer Christopher White, 3rd Battalion, Princess Patricia's Canadian Light Infantry, Edmonton.

Ontario's adoption records are now open.

visit www.ontario.ca/adoptioninfo

Effective June 1, 2009, Ontario's adoption records are open. This means that adopted adults and birth parents can apply for post-adoption birth information from birth records and adoption orders.

An adopted adult, 18 years of age or older, can now apply for a copy of his or her original birth registration and adoption order. A birth parent can receive information from the birth registration and adoption order of the child that was placed for adoption once that child turns 19 years old.

If you want your identifying information kept private, and if the adoption order was made before September 1, 2008, adopted adults and birth parents can file a disclosure veto.

To learn more about your right to information and privacy regarding adoption, visit www.ontario.ca/adoptioninfo or call 1-800-461-2156 (TTY 416-325-3408).

Paid for by the Government of Ontario.



University of Alberta researchers are seeking 10,000 pregnant women in the province to partake in a nutrition study.

Pregnant? Call U of A

Nutrition study seeks 10,000

MADING NGOR
for Metro Edmonton

A team of researchers from the University of Alberta are searching for 10,000 pregnant women in Alberta to partake in a massive study aimed at examining pregnant women's nutrition and children's development.

"The goal is to determine the impact of women's nutrition status during pregnancy on their health and on the health and development of their children," Dr. Catherine Field, one of the leading researchers involved in the \$5 million study told Metro yesterday.

Pregnant women who volunteer to take part in the study will be asked to check in with the re-

searchers once a trimester and also once the baby is two or three months old.

Researchers will be looking at how a pregnant woman's nutrient intake affects the fetal environment and the fetus' mental and physical health as well as the mother's physical and mental health.

Earlier research has shown a connection between nutrient inadequacies and mental health, although the impact of nutrition on mental health of pregnant women has not been well investigated, said the researchers in a release.

"We know that women entering pregnancy have a number of nutrients that are optimal in their diet," said Field, who's hoping the resultant data from the five-year research could be used by regulatory agencies such as Health Canada to develop nutritional guidelines for women.

In Edmonton, 5,000 volunteers are asked to contact the University of Alberta at 780-492-4667.

In Calgary, the work will be conducted at Alberta Children's Hospital.

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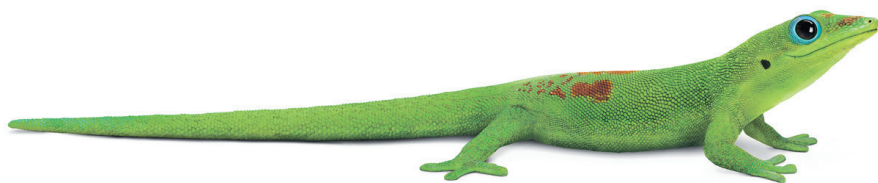
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A woman who gave birth in a Wal-Mart washroom in Prince Albert, Sask., and left the baby behind has been found not guilty of child abandonment, CBC News Online reports. **METRO NEWS SERVICES**

Canada



Soprano undergoes heart surgery

International opera star Measha Brueggengosman underwent emergency surgery in Toronto last week, her family told CBC News Online. The Fredericton-born soprano suffered a life-threatening tear in her aorta. Brueggengosman was taken to a hospital emergency room from her home last Tuesday when she wasn't feeling well. She recently achieved a dramatic weight loss of about 150 pounds, which she said was a result of Bikram yoga.

METRO NEWS SERVICES

News in brief

ECONOMY Finance Minister Jim Flaherty said yesterday he was seeing more positive signs than negative ones in the country's economy. "Certainly there are positive indications of stabilization in the economy. What we want to look for now are signs of the beginning of economic growth. We're starting to see some positive indications of consumer confidence, some increased activity in residential real estate," Flaherty said in a conference call from Washington.

REUTERS

TASER INQUIRY Not satisfied with the reach of the Braidwood inquiry, the mother of Taser victim Robert Dziekanowski has decided to take her fight to Poland. Zofia Ciskowski has told reporters that she is asking Polish authorities to charge the four RCMP officers involved with the Taser of her son Robert in October 2007.

KARL YU/FOR METRO CANADA

Death Remembering Romeo



Former Governor General Romeo LeBlanc poses beside his official portrait during an unveiling ceremony at Rideau Hall in Ottawa, in this 2003 file photo. LeBlanc, who served as the 25th representative of the Queen in Canada from 1995-1999, died yesterday at the age of 81.

Flu-stricken Manitoba First Nations communities have declared a state of emergency in the wake of the federal government's response to the swine flu pandemic.

Chief David Harper said he hopes the move will make Ottawa understand the gravity of the situation, given how many aboriginal people in the province are positive for influenza A (H1N1), also known as swine flu.

"We have declared a state of emergency based on the fact ... that preparations for combatting the H1N1 virus are very slow and we are still getting results of positive cases," said the chief for the Garden Hill First Nations, about

Population

- While aboriginals make up a little more than 10 per cent of Manitoba's population, they account for roughly two-thirds of the people who have required intensive care for swine flu, according to provincial health officials.

550 kilometres northeast of Winnipeg, near the Ontario border.

Harper said even the most basic precaution against spreading germs, such as regularly washing hands, is impossible in some reserves where the majority of residents don't have running water.

"We are calling on the

federal health minister (Leona Aglukkaq) and every minister responsible for this crisis to come forward and state who is taking the lead role here and explain what is happening," he said.

It was revealed this week Health Canada had delayed sending alcohol-based liquid hand-sanitizers to some First Nations communities for fear some residents might drink it.

Harper said the fact these communities couldn't even get hand sanitizers — with or without alcohol — is making native leaders question whether the federal government even has a pandemic plan for First Nations reserves.

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Complaint follows cuffing of 11-year-old girl

Fort Resolution, N.W.T., RCMP face a complaint after allegations a girl, 11, was put in a jail cell, CBC News Online reports. **METRO NEWS SERVICES**

canada 7

Abdelrazik set to return after ordeal in Sudan

Abousfian Abdelrazik plans to fly home to his family this weekend after being stranded at the Canadian embassy in Sudan for more than a year.

"He is happy. He feels very close," his Ottawa-based lawyer Yavar Hameed said.

Hameed left for Khartoum yesterday to accompany his client on a flight that will arrive in Toronto on Saturday.

But Hameed said Abdelrazik is still nervous that something could go wrong after trying to end a six-year ordeal that included imprisonment and, allegedly, torture in Sudan.

"The closer he is to coming home, the closer he is also to being let down — that the rug may be pulled out from beneath his feet," Hameed said.

The federal government is complying with a Federal Court order to repatriate Abdelrazik.

TORSTAR NEWS SERVICE

Quebec Harper's fête accompli



Prime Minister Stephen Harper points to the Montreal Canadiens logo on a child's shirt during Fête nationale celebrations in Quebec City yesterday. Harper announced Ottawa is ceding to Quebec land adjacent to its National Assembly.

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Children can be treated for a common form of childhood leukemia without bombarding the brain with radiation, reducing the risk that they will suffer additional tumors and thinking problems, U.S. researchers said yesterday. **REUTERS**

World



Monkey urinates on Zambian president

A monkey urinated on Zambian President Rupiah Banda as he spoke to journalists at a news conference yesterday. Banda softly shouted: "You have urinated on my jacket," and paused as he looked up to see the animal playing in a tree just above his chair. "Perhaps these are blessings," he said continuing his address amid laughter from the audience of journalists and diplomats. **REUTERS**

Governor comes clean on affair

U.S. South Carolina Governor Mark Sanford tearfully admitted yesterday he had been unfaithful to his wife, likely ending any chance he might be a Republican contender for the U.S. presidency in 2012. Sanford resigned as chairman of the Republican Governors' Association. Sanford's confession at a news conference ended days of speculation over his whereabouts. After he disappeared last week, his staff first said he was hiking on the Appalachian Trail. It later emerged he had travelled to Argentina to be with his lover, leaving his family over Father's Day weekend. **REUTERS**

Iran says vote will stand

IranCrisis

Iran's Supreme Leader Ayatollah Ali Khamenei declared yesterday that a disputed election result would stand, despite street protests that Iranian officials say Britain and the U.S. have incited.

The opposition refused to be bowed. Reformist cleric Mehdi Karubi, who came last in the June 12 presidential election, called the new government "illegitimate" and around 200 protesters braved the security crack-

"Neither the establishment nor the nation will yield to pressure at any cost."

Ayatollah Ali Khamenei

down near parliament. Riot police later used tear gas to break up the protest.

Police and militia have largely succeeded in taking back control of the streets this week after the biggest anti-government protests since the 1979 Islamic revo-

lution. The hardline leadership is refusing to give ground.

"I had insisted and will insist on implementing the law on the election issue," said Khamenei, the most powerful figure in Iran. "Neither the establishment nor the nation will yield to pressure at any cost."

Iran is blaming the discontent on foreign powers.

"Britain, America and the Zionist regime (Israel) were behind the recent unrest in Tehran," Interior Minister Sadeq Mahsouli said, according to the semi-official Fars news agency. **REUTERS**

China Countdown ceremony



Police take part in a ceremony marking the 100-day countdown to the Oct. 1 anniversary of the founding of the People's Republic of China, in Beijing yesterday. **REUTERS**

News in brief

NORTH KOREA U.S. President Barack Obama yesterday renewed sanctions against North Korea, declaring that its nuclear program posed a

national security risk and a danger to the Korean Peninsula. "The current existence and risk of the proliferation of weapons-usable fissile material

on the Korean Peninsula constitute a continuing unusual and extraordinary threat to the national security," Obama said in a notice to Congress. **REUTERS**



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Comment

Pride starts adding up

Relating

Steve Collins

metronews.ca/collins

With pride weeks underway, en route to Canada Day, it's possible to conflate Pride and patriotism.

To the south, the Obama administration has extended benefits to same-sex couples working for the federal government — except, presumably, in the military, where the old “don't ask don't tell” policy is still in place.

Members of the Canadian Forces participated in Toronto's Pride Parade for the first time last year.

Of course, this year, you can bet Prime Minister

On the web
• For more views on relating, go to Love Bytes at metronews.ca/blogs

Stephen Harper will uphold the long-established prime ministerial tradition of skipping the parade.

Paul Martin once begged off citing a “scheduling conflict.”

No other PM has even bothered to make an excuse.

There is still much to celebrate here, where same-sex marriage was legalized four years ago now, putting the activist group Canadians for Equal Marriage out of business.

A lot of things have changed. Me, for example.

I went to high school in a small town in the 1980s. There were no openly gay kids. We'd never heard the word homophobia, and we knew a lot of gay jokes, but no gay people.



Except Mr. G, the math teacher, who you might expect to be in for a world of mockery from his spotty and unevolved charges, at least behind his back. But he wasn't. Whip-smart, funny and patient, he was a student favourite.

Small place that it was, my dad had taught Mr. G math, and remembered him as a struggling student. Maybe knowing what it felt like not to have the answer was what made him such an exceptional teacher, which he undoubtedly was.

He also bonded with some students over a mutual love of heavy metal, which we, for some reason, thought was very straight music indeed. (The possibility incredibly never crossed our minds that Rob Halford,

the singer of Judas Priest, who performed in Pride-is-sue biker leathers, was gay.)

The headbangers would vacate the smoking area and pile into a classroom after school for sessions of what was known as the “Cultural Society.” Mr. G's regular screenings of metal videos on the school's AV equipment.

When I talk to some of the guys from school today, it's noticeable how much their attitudes have mellowed towards same-sex marriage, and gays and lesbians in general. Some of this can be attributed to changing times, and some to the shocking onset of adulthood, but I think it all started with Mr. G, teacher — rocker, and all ‘round great gay dude.

So, happy Pride Week, Mr. G, though I still stink at math.

Steve Collins offers his best guesses on relationships for Metro every two weeks.



Worth Mentioning

Facebook, Twitter, blogs don't rank with top CEOs

BUSINESS The heads of the top U.S. companies might be engaged in the boardroom, but they're switched off when it comes to social media, according to a new study that said CEOs should be more connected to their customers.

Research conducted by the blog UberCEO.com looked at Fortune's 2009 list of the top 100 CEOs to determine how many were using Facebook, Twitter, LinkedIn, Wikipedia, or had a blog — and found they were mostly absent from the rapidly growing social media community.

The study found only two CEOs had Twitter accounts and 81 per cent of CEOs did not have a personal Facebook page.

Only 13 CEOs had profiles on the professional networking site LinkedIn. Three quarters of the CEOs did have some kind of

“It's shocking that the top CEOs can appear to be so disconnected from ... their own customers.”

Sharon Barclay

Wikipedia entry, but nearly a third of those had limited or outdated information such as incorrect titles, or lacked sources.

Not one Fortune 100 CEO had a blog.

“It's shocking that the top CEOs can appear to be so disconnected from the way their own customers are communicating. They're giving the impression that they're disconnected, disengaged and disinterested,” said Sharon Barclay, editor at UberCEO.com who runs executive PR firm Blue Trumpet Group. **REUTERS**

Views

Right to full-body veil not a matter of religion



Mona Eltahawy

Guest Columnist

The full-body veil, called the burqa or niqab, terrifies me.

I'm a Muslim woman who defends a woman's choice to wear a headscarf — I wore one for nine years — but I will never defend the niqab. It embodies the erasure of a woman's identity.

And so I agreed with French President Nicolas Sarkozy when he said the burqa wasn't welcome in France because it “is not a religious sign, it's a sign of subservience.”

I would add the niqab doesn't belong anywhere, neither in countries where Muslims are a minority nor in a Muslim-majority country like Egypt, my

country of birth.

An argument I had on the Cairo subway — while I still wore a headscarf — with a woman who wore niqab helped seal for good my rejection of the niqab.

She asked me why I did not wear the niqab. I pointed to my headscarf. “Isn't this enough?”

“If you wanted a piece of candy, would you choose an unwrapped piece or one that came in a wrapper?” she asked.

“I'm not candy,” I answered. “I'm a woman.”

I retell that argument often because it shows the niqab isn't about the “West” versus “Islam.”

Many will accuse Sarkozy of hating Muslims, but that would be to concede that the burqa is religiously mandated, as extremists believe. Many Muslim scholars have clearly described the niqab



as an old Bedouin tradition that was not required by the Quran, the Muslim holy book.

To connect the niqab with Muslim women is inaccurate because only a small minority wears it.

Hearing Muslims argue over the burqa is the best way to disarm the Islamophobic right wing in Europe and in North America and their crocodile tears for Muslim women. We don't care for their “support” and yet — to fight Islamophobia — we must not silently watch extremists erase Muslim women

out of existence.

That's where “it's about the economy, stupid!”

France is home to Western Europe's largest population of Muslims, estimated at about five million. Many complain of discrimination and blame the French government for inaction. It was good to hear Sarkozy also say that France's integration model wasn't working any more because it doesn't give immigrants and their French-born children a fair chance. That's the best way to fight extremists and the niqab they promote. The majority of Muslims in France are more concerned with poverty and unemployment than with the niqab.

Mona Eltahawy is an award-winning syndicated columnist and an international public speaker on Arab and Muslim issues. She is based in New York.

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Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.



New iPhone costs \$179 to produce: Analysis

Apple Inc.'s new entry-level iPhone model costs \$179 US in materials and manufacturing expense, according to an analysis yesterday by research group iSuppli. The 16-gigabyte version of the new iPhone 3GS carries a bill of materials of \$172.46 and costs \$6.50 to make, iSuppli estimated. **REUTERS**

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Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Firms testing TV on the web

Time Warner Inc. and Comcast Corp. have banded together to test ways to allow people to watch more TV shows over the web, while making sure they keep paying for their traditional cable or satellite TV services.

The partnership by two major media companies underscores the pressure the TV industry is under to protect its revenue, but also satisfy consumers who want to watch their favourite drama or comedy at a time and place of their choosing.

Time Warner and Comcast are banking on an approach that would essentially let viewers see any show at any time over any sort of device they wanted

Trials next month

- Time Warner and Comcast will begin a U.S. trial of the service in July.

— whether that is a TV set, computer or cellphone.

One catch: they must first prove they are a cable or satellite customer, meaning they already pay a monthly subscription fee for TV.

In announcing the partnership yesterday, Time Warner chief executive Jeff Bewkes stressed that he viewed the plan as a “free gift” for consumers that simply “expands” their entertainment choices.

REUTERS

Poor nations plead for aid at UN crisis meeting

NEW YORK Representatives of developing countries had a clear message yesterday for a UN meeting on the global financial crisis — we need money.

The three-day conference was originally scheduled for June 1-3, but UN General Assembly President Miguel D'Escoto postponed it to this week when it became clear negotiators had no agreement on a set of draft proposals for reforming the global financial system.

Although the meeting has been billed as a summit, no Western leaders are attending. Only a dozen presidents and prime ministers, mostly Latin American and Caribbean, showed up.

On the first day of the meeting, speakers from developing countries made clear that they saw their nations as victims of a financial crisis they did not cause and pleaded with the world's wealthy nations to help them.

REUTERS

Business in brief

WASHINGTON The U.S. Federal Reserve yesterday held monetary policy steady and said the U.S. economic recession was easing, as it signalled its worries over a possible downward spiral in prices were easing.

The central bank also decided to hold overnight interest rates in a zero to 0.25 per cent range — the level reached in December — and repeated that they would likely stay unusually low for some time.

REUTERS



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Heil takes a fall

Olympic gold medallist Jennifer Heil tweaked her knee landing a jump during mogul training on Blackcomb glacier and will miss the remainder of a national freestyle team camp being held this week. Heil said the injury isn't serious but will require some rest and treatment. **METRO NEWS SERVICES**

11

Sports



Another year for Chelios?

Although the Detroit Red Wings won't re-sign him, 47-year-old Chris Chelios, left, says he still wants to play in the NHL next year. Saying that his family won't move from the Detroit area, where he owns a bar, the defenceman said yesterday he'd like to play for an Eastern Conference team. Chelios made his NHL debut in 1984 with the Montreal Canadiens. **METRO NEWS SERVICES**

EDITOR: CHRIS.CLEMENTS@METRONWS.CA

Sharapova exits early

Maria Sharapova was heading for the airport after losing at Wimbledon yesterday while another former champion Roger Federer sauntered through to the third round in glorious sunshine after a clinical display.

Sharapova struggled on the Centre Court where she made her name in 2004 by beating Serena Williams to win the women's singles title as a 17-year-old. The Russian looked a pale shadow of the player who once looked set to dominate the game.

Bedevelled by shoulder problems since losing in the second round here last year, the 24th seed ran into

inspired Argentine Gisela Dulko, falling 6-2, 3-6, 6-4 to a player she had dropped just three games against in their two previous clashes.

Sharapova lost the opening set in 35 minutes and despite some typically tenacious resistance to win the second from 0-3 the booming weapons that used to blast the Russian to safety in such situations failed to function at crunch time.

"It's a little too late to start picking yourself up when you're down a set and 3-0."

Maria Sharapova

told reporters. "It's a little too late to start picking yourself up when you're down a set and 3-0." **REUTERS**



Maria Sharapova shows some emotion during her 6-2, 3-6, 6-4 second-round loss yesterday at Wimbledon.

U.S. shocks Spain at Confed Cup

SOCCER The United States scored its greatest win in almost 60 years by beating European champions Spain 2-0 yesterday to reach the final of the Confederations Cup.

Goals from Jozy Altidore and Clint Dempsey ended Spain's world record run of 15 successive victories and their 35-match unbeaten sequence, a world record streak they share with Brazil, and caused one of the biggest soccer upsets

in years.

Overall though it was the best performance by the U.S. since they beat England 1-0 in the 1950 World Cup in Brazil.

It was also the first time the U.S. had beaten a team ranked No. 1 in FIFA's world rankings since they defeated Brazil in 1998.

"That was a great team effort. To beat a team like Spain, it's big," coach Bob Bradley told reporters.

REUTERS

Sports in brief

WINTER CLASSIC Reports are saying that the Philadelphia Flyers will be the Boston Bruins' opponent when the NHL's third Winter Classic is played at Fenway Park on Jan. 1, 2010.

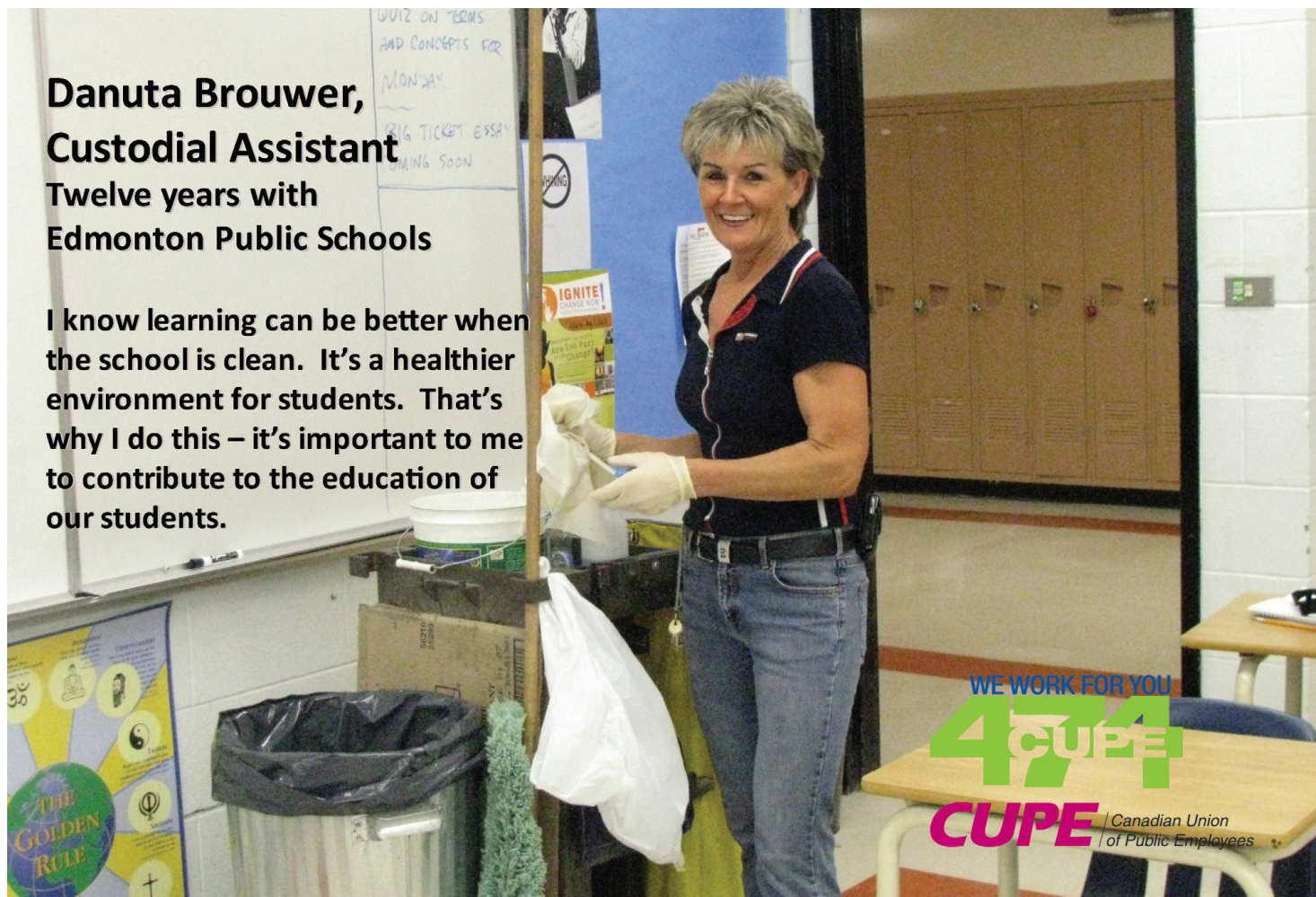
GAMBLING Wagering on a Wimbledon match soared after a TV commentator pointed out one of the players was injured,

an online bookmaker said yesterday. British bookmaker, Betfair, alerted tennis corruption investigators about the unusual betting patterns for the first-round match Tuesday between 109th-ranked Wayne Odesnik and 30th-ranked Jurgen Melzer, but does not suspect wrongdoing. **METRO NEWS SERVICES**

Danuta Brouwer, Custodial Assistant

Twelve years with Edmonton Public Schools

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Bright Future For WestJet

Despite the setbacks airlines around the world are currently facing, including a weakened demand for air travel as a result of the economic downturn, the skies are looking bright for WestJet.

Not only is the Calgary-based company the world's fourth most profitable airline on a percentage basis, but it continues to deliver on its strategic plan by expanding its network, growing its fleet of planes from 79 to 121 by 2013, and launching a frequent flyer program and code-sharing deals with Air France and KLM as well as others in the future.

These partnerships would allow the airlines to transfer their passengers onto one another's networks, allowing guests to book through travel and check their baggage directly through to their destination. They will also give WestJet guests access to a world of destinations.

While striving to continue offering its

guests a friendly, efficient and relaxing experience, the company is also looking to become one of the top five most successful airlines in the world by 2016. And Sean

our success."

WestJet's culture drives all of its decisions. The airline's recently introduced Care-anteer reinforces that its people truly go above and

takes social responsibility as seriously as it does business. WestJet's culture of caring extends beyond its people and guests to the community at large through its WestJet Cares for Kids program. From organizing toy drives for children's hospitals in the communities it serves, to providing thousands of free flights to people who desperately need medical care, to partnering with 10 national children's charities like Kids Help Phone and Ronald McDonald House charities, WestJet is a firm believer in giving back. In fact, the company supports more than 800

community initiatives throughout Canada. In the face of the weakened global economy, it's clear that WestJet is en route to continued success.

"We keep expanding when everyone else is contracting, and we keep delivering an amazing guest experience"

Durfy, WestJet's CEO, says his airline is in a better position than most to get through the recession and achieve that goal.

"We keep expanding when everyone else is contracting, and we keep delivering an amazing guest experience," explains Durfy. "For us, our company culture is the key driver to

beyond when it comes to taking care of its guests. From not overbooking flights to providing guests with meals and accommodations if flights are delayed or cancelled (even if it's Mother Nature's fault), the airline truly puts people first.

The low-cost airline also



COMPANY PROFILE: WEST JET



Sean Durfy became WestJet President in September 2006 and Chief Executive Officer in September 2007. As President and CEO, Sean is responsible for both the strategic direction of the company and the day-to-day operations of the airline, leading over 7,500 WestJetters as they deliver an exceptional guest experience.

Amid the global recession, weakening demand and bankruptcy notices by airlines around the world, the fact that WestJet has become the most profitable airline in North America on a percentage basis is a true testament to the success of its mandate: putting people first.

Since its inception in 1996 as a low-cost airline servicing Western Canada, WestJet has grown from a fleet of three planes to 79 – all Boeing 737 Next Generation – flying to 55 destinations across Canada, the U.S., Mexico and five Caribbean nations. Some of their most recent destination additions include San Francisco, San Diego, Sydney, Nova Scotia and Yellowknife, NWT, with more destinations planned in the near future.

Today, the Calgary-based company is run by an executive team of seven headed up by President and CEO Sean Durfy, 43. "We have a very simple motto," says Durfy, a native Newfoundlander. "If we, as a corporation, take care of our people, then our people will take care of our guests, and our guests will take care of our business."

One of the ways WestJet takes care of its people is through profit sharing. Just as that familiar refrain on their playful TV commercials says, "Why do WestJetters

care so much? Because we're also WestJet owners," 83 per cent of their 7,500 staff own shares in the public company through an employee share purchase program.

WestJetters as they refer to themselves can designate up to 20 per cent of their salary to buy shares, which the company matches. Considering it's the fourth most profitable airline in the world on a percentage basis, with revenue of more than \$2.5-billion in 2008, there's certainly incentive to invest.

But it's the unique culture that truly sets WestJet apart. Through its fun, friendly and caring WestJetters, they demonstrate that an airline can have exceptional operational performance, a world class guest experience and great value.

WestJet has always been on top of new trends and technologies. In fact, it was the first airline in North America to implement the electronic boarding pass and is the only airline in Canada to offer live seatback TV.

In keeping with the global concern over the environment, WestJet has made a concerted effort to lower emissions from its fleet of planes by investing billions to upgrade its fleet to be more fuel efficient. Today, WestJet proudly boasts one of the youngest, most modern and fuel-efficient fleets in North America.

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WESTJET

*Book by June 25, 2009 (11:59 pm MT) for travel on Mondays, Tuesdays and Wednesdays until October 7, 2009. Taxes, fees and surcharges are extra where applicable. Advertised prices already reflect the discount. Discount is applied to WestJet lowest regular fare. Seats at these fares are limited and may not be available on all flights. New bookings only. 100% non-refundable. Offer combinable with other fares. Advance purchase required. Flights may not operate on certain days. All fares shown are one way. See westjet.com for details. †Book by June 25, 2009 (11:59 p.m. MT) for hotel stays until October 7, 2009. 25% discount applies to the Best Flexible Rate. Taxes, fees and surcharges are extra where applicable. WestJet boarding pass must be presented at check-in to receive discounted rate. Offer only available at participating Canadian hotels. Blackout dates may apply. Rooms subject to availability. Reservations must be made at least 3 days in advance of stay. Offer is not retroactive to reservations booked prior to June 23, 2009. Can only be booked through link found at westjet.com. Full pre-payment at booking. No Priority Club points. No refund if cancelled or changed. Cannot be combined with any other offer. See westjet.com for WestJet promotion details. ©Registered trademarks of InterContinental Hotels Group.

Mustard helps to bind sauces and emulsify oils in vinaigrettes and mayonnaise. Begin making vinaigrette with prepared mustard, whisk in vinegar or lemon juice and then slowly whisk in oil. Season to taste. **METRO NEWS SERVICES**

Food

Cultivated for at least 5,000 years, mustard is the oldest condiment known to man and is the world's third most important spice after salt and pepper.

BARB HOLLAND/FOR METRO CANADA



Two types

There are two main types of mustard seeds: The relatively mild white or yellow mustard seed and the stronger brown or Oriental mustard seed.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

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À la carte

Barb Holland

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Did you know? Canada grows more than 90 per cent of the world's mustard seed — mostly in Saskatchewan, the real mustard capital of the world. Canada is also home to the largest and oldest mustard mill in the world.

Mustard is made from crushing the seeds of the mustard plant. The tiny seeds, about 250,000 per pound, are very pungent. On their own, they are bitter and biting. To make the condiment, the seeds are crushed into a powder and mixed with liquid (wine,

vinegar, beer, water) and various spices, such as turmeric, to form a paste.

Brown mustard has a dark brown seed coat and is used in Dijon-style mustards and also used in combination with yellow in English-style mustard.

Prepared mustards can range from mild yellow to hot peppery brown to very spicy mustards. No Canadian fridge is likely to be without a least one jar of this quintessential condiment. And it goes well beyond a hamburger and sandwich spread. Here are just a few suggestions:

- Mustard is a must with ham and wonderful with pork — combine equal amount of mustard with maple syrup or honey and

A simple, delicious sauce



This sauce would taste terrific on grilled salmon.

brush on a ham or pork roast, tenderloin or chops near the end of baking or grilling.

- Brush spicy horseradish mustard on a beef roast, then press coarsely crushed black pepper into mustard before grilling.

Herb Mustard Sauce

This simple sauce is good with grilled salmon, asparagus or spooned over

potatoes. Makes about 1/2 cup (125 ml).

INGREDIENTS:

- 2 tbsp (30 ml) butter
- 4 green onions, chopped
- 1/4 cup (60 ml) Dijon-style mustard
- 2 tbsp (30 ml) honey
- 2 tbsp (30 ml) fresh lemon juice
- 1 tsp (5 ml) dried tarragon leaves
- Salt and pepper

METHOD:

In a microwaveable bowl, combine butter and green onions. Microwave at High for 30 to 60 seconds to melt butter and soften onions. Stir in mustard, honey, lemon juice and tarragon. Season to taste with salt and pepper.

TIPS:

- Prepared mustard loses flavour and heat as it ages, even when unopened. Purchase small jars, refrigerate after opening and use within one year to preserve quality.
- The mustard plant is a member of the Brassica family. Other members include the cabbage, broccoli and Brussels sprouts — all well known for their nutritional benefits.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

Liquid Assets

Peter Rockwell

metronews.ca/liquidassets

National spirit

My wife gave me a cool whisky tasting

glass made by Nova Scotia Crystal for our anniversary last week.

With Canada Day coming up I thought I owed it to the country to break it in with some of our own home-made spirits. The fact that we create darn good whisky seems to have fallen off everyone's liquid radar.

Considering my new thistle-shaped receptacle has its origins in the Maritimes; filling it with a wee dram from our nation's only single malt whisky maker seemed poetic. **Glen Breton Rare (\$79.99 - \$89.55)** made by Cape Breton's Glenora Distillery is a light, heathery 10 year old with a relaxed, creamy flow of soft, sweet malt.

If you like your hard liquor with more oak-influenced flavour **Danfield's Private Reserve Small Batch Whisky (\$24.95 - \$26.48)** tastes like an American bourbon but with all the smooth, mouth-filling sweet grain character of a classic Canadian.

Prices reflect the range across the country. Some products may not be available in all provinces.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

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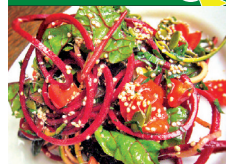
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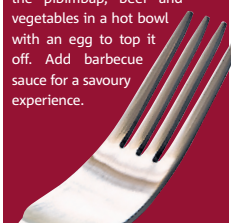
- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog. Visit metronews.ca/globalpeasant for Diane's latest kitchen toy, a spiral vegetable slicer, and the salad it creates.

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THOSE DOG DAYS OF SUMMER

With winter's snow a distant memory, and the unpredictability of spring finally tamed, there's a collective sigh of relief: Summer has finally arrived. Here, the 10 best signs of summer:

1. Summer fun. Maybe it's the exposed skin, and the t-shirts and shorts, but there is a sense of energy and vitality that comes with being able to go outside without having to be bundled up against the elements.

2. Warmer days. The days may get slightly shorter after the arrival of summer — the longest day of the year — but it also heralds the official start of warm weather and that feeling that the worst of winter and spring is finally over.

3. Flowers burst to life. After the long dreary winter, gardens across Canada come alive with daffodils and tulips in full bloom, adding colour to our surroundings, and adding an intoxicating scent to the air.

4. Birdsong fills the air. You don't have to be a bird enthusiast to enjoy the songs of chickadees, cardinals, mockingbirds and sparrows that ring out at dawn and dusk.

5. Farmer's markets. Every summer, more weekly markets crop up across Canada, providing high quality, local produce that offers incomparable taste — and fresh from the field goodness.

6. Barbecue season starts. All across Canada, families start firing up their



There is a sense of energy and vitality that comes with being able to get out and enjoy the summer sun.

grills, cooking up delicious fare outdoors.

7. Patios open. Nothing says summer has arrived like the sight of sun-bathed diners enjoying an alfresco meal. When summer hits, sidewalk cafes are the place to be, as are those intimate courtyard dining spots.

8. Communities come alive. With warmer weather and longer days, communities reunite, as people get out

walking, tend to their gardens and stop to chat with one another.

9. More people bicycle. You know it's summer when the roads and recreational trails team with bicycles. With the more temperate climate, people are more inclined to pedal their way to work.

10. Theatre festivals open. When summer arrives, actors take to stages across Canada — with outdoor festivals taking advantage of beautiful evenings and warm temperatures to draw audiences.



Offering women a new beginning

For many women in Toronto, Denise Whitter, founder of New Beginnings Support Program, is like a fairy godmother. Denise started the charity in 2003 to improve the lives of women and children in need by empowering women to become confident, self-sufficient, and employable. "We found women would get training and end up in minimum-wage jobs and still couldn't support their children," explains Denise. "I strongly believe women shouldn't have to choose 'Do I pay my rent, or feed my children.'"

The charity not only provides

women with job coaching for fields like office administration, but also liaises with potential employers. Their annual fundraiser, Wedding Bliss, takes place on June 20 at the Ted Rogers School of Management in Toronto, where brides-to-be can pick out donated wedding gowns, worth thousands of dollars, for between \$50 and \$200.

There will also be a contest for 10 lucky women to win a free wedding gown. To enter, simply write a short essay on why you or a person you nominate have been a "local Angel" in the community and are deserving of a free wedding gown.



Breaking out the family fun

When it comes to quality family time, most people opt for going to the movies or renting one together. As fun as this is, watching a movie doesn't actually involve group interaction though. One activity that does create a great bonding experience for your entire brood is a games night.

So designate a specific night on the calendar, turn off the cell phones and the T.V., and get out the board games for some good old-fashioned family fun. Instituting a weekly games night for your family allows uninterrupted time together — an increasingly rare occurrence in our time-crunched lives.

There are a plethora of games to choose from including time-honoured favourites like Yahtzee, Scrabble, Chess and Monopoly.

Not only does a games night bring you closer together as a family unit through face-to-face interaction, but it teaches kids some basic life lessons in an informal way including co-operation and teamwork, honesty and playing fair, understanding and accepting both winning and losing, making choices and accepting the consequences, and patience. This is one family tradition that's sure to become an instant hit for years to come.



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METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

New condo amenity: Chicken coop?

HomeScape

Sylvia Putz



metronews.ca/homescape

In the old days, chickens wandering and scratching around the house may not have been such a shocker, but it certainly would be an eye-grabber in the city in this day and age.

Or would it? Recent news coverage in Toronto and other urban centres has shown that the idea of keeping chickens has gained a lot of interest in the city. It seems to be an idea whose time has arrived (again).

After decades of happily ingesting processed foods made of a long list of chemicals and other substances not encountered in nature, people are starting to ask questions about what they are eating. One solution is to produce the food yourself. In the same way you know precisely what goes into the vegetables you grow in your garden, you would know what has been fed to your chickens, and how they are kept or treated.

But before you rush off

to build your chicken coop, keep in mind that the notion of keeping chickens in the city is one that many communities are still wrestling with. Check with your local government. If it is illegal in your city, and you would like it to be legal, get busy lobbying. Check online under urban chicken or city chicken — you'll find lots of allies.

Cities such as Guelph, Brampton, and Niagara Falls in Ontario, and Victoria and Surrey in British Columbia do allow urbanites to keep chickens provided certain rules are followed. These usually have to do with the number of chickens you may keep, minimum lot size, or distance of the coop from lot lines.

Mostly, people who keep



Keeping chickens in urban areas has been gaining a lot of interest.

hens want eggs. Slaughtering hens for the purposes of a good chicken meal is another benefit, but many urbanites who raise chickens tend to shy away from this. They get attached to the chickens, who can actually be quite companionable.

One thing is true of home-raised chicken. I can tell you from past experi-

ence that both the meat and particularly the eggs of home-raised chickens are delicious, and often bear very little resemblance to some of the much blander commercially-produced chicken and eggs.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show *Arresting Design*; sputz@arrestingdesign.com.

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**17**

Summer Fun

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Music in the air with jazz fest

ANDREAS MORSE
for Metro Edmonton



The festival season has arrived in Edmonton and there's music in the air thanks to yet another edition of the Edmonton International Jazz Festival.

Next year will be the 30th anniversary of the festival and Kent Sangster, executive director of the festival's society, says he couldn't be more proud of the way they've stuck to their roots.

"I'm very proud to say that we're still going," he says. "And it's a jazz festival. That's what the society is about, the presentation, development and the support of jazz music. I'm proud of that."

Western Canada's premiere jazz festival kicks off tomorrow and runs until July 5.

"This year we have a new thing called Jazz in the Park," says Sangster, a Juno-nominated saxophone player. "It's an eight-hour outdoor concert at Louis McKinney Park and the music is going to be really good."

Not to mention there'll be a beer garden, he added.

Mo Lefever is a local guitarist who's been a regular at the festival for years. Lefever will be leading a quartet at the Blue Chair Cafe tomorrow and she'll be playing with vocalist Rhonda Whithnell at Jeffrey's Cafe on June 30.

"For a lot of people the jazz festival is their first real taste of it (jazz)," Lefever says. "There are some venues in town but a lot of people just don't hear about us. This is a good way to get our music out there."

For more, go to edmontonjazz.com.

Street festival 'fantastic'

ANDREAS MORSE
for Metro Edmonton



If you happen upon a man swallowing a sword at Churchill Square this July, don't be alarmed, it's just the Edmonton International Street Performers Festival.

But most of you probably already figured that, seeing as how it's the unique festival's 25th anniversary and it happens to be the best deal in town, according to Shelley Switzer, the festival's artistic producer.

Switzer has been involved with the festival, in one role or another, for more than two decades so she knows a thing or two about organizing the more than 200 volunteers and 56 performers who will call downtown Edmonton home for 10 days

starting July 3.

"We're going to have a fantastic festival," Switzer says. "We have some artists who have been at the festival every year and we have some who are coming for the first time. I think that everyone should come to our festival and know that it's as special as what 24 was and as fantastic as 26 and beyond will be."

The list of returning artists to this year's festival includes a who's who of the global street performance scene including roving fashion cop OJ Anderson; Australian sword-swallower/magician Andrew Elliott; and the juggling comedy trio, the Flaming Idiots. Not to mention roving artists Darrin Hagen, Jan Streader, Zandra Bell, and Linda Karenko.

Karenko first hit the Ed-



Thirst-quencher

Try this White Tea and Lemon Grass Granita, left. Mix 1/4 cup sugar, 4 1/2 cups citrus-flavoured white iced tea, 1/3 cup lime juice, 1 stalk lemon grass cut in to 1/2-inch pieces, and 1/4 cup whole fresh basil leaves. **METRO NEWS SERVICES**



Linda Karenko as one her characters, Madame de la Loon.

"We have roving characters that come from all over the world to do this," Karenko says. "Most people, when they think of street performers, they think of the circle shows. That's where we're kind of a different breed."

The 2009 Feast of Fools kicks off the festival on July 2 and then the action hits the streets with shows for young and old throughout the day and into the evenings.

As always, the artists work for money and the audiences decide how much they get. So while it may be the best deal in town, you better bring your wallet because you're guaranteed to be entertained.

To find more or to volunteer, go to edmontonstreetfest.com.

monton street performance scene in 1995 and has been back to the festival as often as possible since then. She plays a roving character who wanders the streets and squares providing colour for the festival and free entertainment for the public.

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This special section of the exhibition has everything for children - midway rides, Fun Town Farm interactive experience, presented by EnCana, special performances from Splash'N Boots and the opportunity to get up close and personal with Sesame Street characters Cookie Monster, Elmo & Abby Cadabby, and many more!

Wild World of Lions

Don't miss this educational, entertaining adventure into the world of Lions. See six live lions including LUFUNO, the white lion - one of the rarest big cats in the world.

Children's entertainment on TELUS Stage

This year's spectacular children's entertainment features Thomas & Friends Hero of the Rails Tour, Max & Ruby in Hide and Seek, Toopy and Binoo Live and Doodlebops!

Save up to \$15

Buy your Ride-All-Day* pass in advance for \$38 and save. Available until July 16 only at Save-On-Foods and Ticketmaster.

For more information on these and other events, visit capitalex.ca



CAPITALEX.CA

The new face of the autumn/winter 09 MANGO menswear line HE Homini Emerito will be Max Irons, the son of actor Jeremy Irons. The 23-year-old currently made his acting debut in the London theatre's Wallenstein. **METRO NEWS SERVICES**

Style



IWC pilot watch

Channel the iconic aviator Howard Hughes with this pilot watch by IWC. It's designed for men but would also look cool and chic on women. Added bonus: It comes in a smaller size for young boys. (Available at iwc.com).

KENYA HUNT/METRO WORLD NEWS

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Bright colours for men in Milan

Spring collections are sporty, tailored

From soft suits to sporty leisure wear, designers at Milan's fashion week sought more to reassure rather than provoke with easy, familiar styles and vibrant colours for men next spring.

The trend at the spring/summer 2010 menswear shows — which ended on Tuesday — was for a mix of tailoring and dressed down, with roomy bags and sportswear shoes evoking a travel theme.

A neat and firm silhouette was evident — shoulders were defined, while waists and trousers were slim at Gianfranco Ferré and Roberto Cavalli. Bottega Veneta had V-shape trousers — full on top and narrow below — with crisp shirts and jackets.

Trousers, usually slim, were to the ankle.

As the warm season brings out more skin, several top names made sure to show off men's bodies — with revealing vests at Cavalli and open tops tucked into tiny tight swimming trunks at Dolce & Gabbana, also seen at Versace.

Not known as one to go with trends, Miuccia Prada cut out the colour seen else-

where and stuck to greys, black and white for an urban collection shown against a monochrome backdrop.

Prada presented knit waistcoats or armless buttoned gilets over armless collarless shifts of shirts.

Tops, some in a flexible wetlook fabric, had holes.

Trousers with tiny black and white checks or tweed-like narrowed at the ankle.

"I wanted it to be contemporary, wearable," she said.

The theme was also urban at Emporio Armani — for which designer Giorgio Armani got a standing ovation from some of the crowd. Armani, looking to city connections, presented suits in cool shades of grey with a fitted cut and defined shoulders and trousers with small darts at the front and turn-ups.

"It is city smart but also comfortable," Armani said in show notes. He also turned to Asia with jackets

in techno mesh and put in dabs of orange on jackets, fleeces and accessories.

For his Giorgio Armani line, he went for classicism — suits were chequered or striped, shirts had oversized patterns.

Armani also put out white suits with sky blue patterned tops. White was also evident at Salvatore Ferragamo and Ferré which had a "free and easy yet ever impeccable mood". Versace and Gucci, whose

mood was "resolutely optimistic", started their shows with men dressed in white or pale creams.

Versace also showed comfort with unbuttoned tunics and safari-like jackets, also seen at Ermenegildo Zegna and Ferré which had sparkly tops underneath.

Reds also featured — from fiery red for Gucci evening suits to a mainly bright red and black line of suits, tops and trousers from Dirk Bikkembergs. Bottega Veneta had a mix of red tones — purple, red and

Influences

• On Monday, designer Salvatore Ferragamo looked to Africa for inspiration with a "colonial style revisited for the modern eye, evoking the exotic with irresistible contrasts."

REUTERS



The spring/summer 2010 men's collections at Milan Fashion Week focused on neat, firm silhouettes and bright colours as well as earth tones. Left: Roberto Cavalli. Right: Emporio Armani.

orange with tie-dye patterns on striped jackets. "Men are looking for excitement in fashion," Bottega Veneta Creative Director Tomas Maier said.

Earthy tones were also seen at Salvatore Ferragamo.

Burberry's Christopher Bailey took outerwear from dark to pastel colours, which he said was like starting with rain and ending with sunshine, an analogy of the tough economic climate.

He chose a softer shoulder on suiting, worn with crew necks and knits that had straps. Cavalli also splashed pink, yellow and green on tops, trousers and shiny shoes.

REUTERS

Jimmy Choo to design collection for H&M

BUDGET STYLE For women with a shoe obsession, the dream of owning a pair of Jimmy Choo shoes, lauded in the U.S. television show *Sex and the City*, could soon become a reality.

Swedish budget fashion giant Hennes & Mauritz said recently that the luxury shoe maker Jimmy Choo Ltd would become the latest in its string of high-profile guest designers.

The world's third biggest retailer by sales said the collection by Jimmy Choo Ltd, also known for its bags, would be available from Nov. 14 in around 200 stores across the world.

"This autumn, British accessory brand Jimmy Choo will bring its international glamour and covetable

shoes and bags to selected H&M stores," H&M said in a statement. "It is the first time that H&M is collaborating with an accessories brand."

Malaysia-born Jimmy Choo, who founded the firm together with current Chief Executive Tamara Mellon, became known to many through cosmopolitan U.S. television series *Sex and the City* that started running in 1998, in which Jimmy Choo's stilettos were among lead character Carrie's favourites.

Other fashion greats that have collaborated with H&M include Karl Lagerfeld, Viktor & Rolf, Roberto Cavalli, Stella McCartney and Comme des Garçons founder Rei Kawakubo.

REUTERS

Yoga jeans equal super comfort

JANINE FALCON
For Metro Canada

TREND Yoga Jeans are not jeans to wear in yoga class.

Made from brushed cotton denim with three per cent elastane, they're super stretchy so they'd be far more comfortable for downward dog than you'd expect — and the waistband won't gape.

But with their deep, inky washes and flattering fit that make legs look miles long and lean, Yoga Jeans will work better with that hot top you bought to wear on Saturday night.

No sagging in the butt or knees!

Cut in mid- and low-rise skinny, straight, flare and boot-cut styles, as well as an ankle-length summer pant, Yoga Jeans (about \$110) are the hottest pants in town. Made by Canadian company Second Clothing, they have a 92 per cent shape memory versus the industry standard of 64 per cent, which means zero sagging in the butt or knees.

That stretch factor also makes the skinny jeans more comfortable behind the knees (one happy customer demonstrated with deep-knee



Yoga jeans, \$110, have a 92 per cent shape memory built into the material which means zero sagging in the butt or knees.

bends for her co-workers). The aforementioned waistband is another marvel: constructed of six individual pieces, it seriously won't gape when you bend or do the plow pose. Yoga Jeans come in sizes 24 to 34 and with an inseam that can hit 33 in

the larger sizes. They're available at Jean Machine, theshoppingchannel.com and at shopgirls.ca. (Shopgirls exclusively carries the new high-rise boot cut for the anti-muffin-top crew). The brand is set to hit the U.S. and Europe this fall.

HOT, HOT, HOT STUFF

Hit the beach in sizzling pieces that are sure spark some heat

PHEROMONE ALERT!
 Prada's Infusion de Fleur d'Oranger draws in sun goddesses like moths to a flame with its neroli and jasmine blend (\$88 for 100 mL)



SCORCHED EARTH Leave a little to the imagination: A chic scarf doubles as a sarong (\$92, Love Quotes)

POP TARTS Put your pastels out to a pasture – this season is all about juicy, notice-me hues. Zoya Professional Lacquer in Paz and Midori (\$9.95 each)



SEXY SNAPPER Sleek in form, waterproof in function and chartreuse in fabulosity, the Stylus Tough lives up to its name (\$349, Olympus)

Editors' Pick

WILD BUNCH

If your summer travel plans are shaping up to be more of a staycation than a trek through the Amazon, at least you can pretend, à la *Where the Wild Things Are*, with Smashbox's safari-inspired Untamed collection. The line includes a waterproof shadow/liner in a trio of wearable neutrals and a double-ended eye-brightening pencil that makes it easy to highlight on the fly.



Smashbox Untamed Waterproof Shadow Liner Trio (\$31)

BEAUTIFUL ESCAPES

GUCCI WESTMAN Global artistic director, **Revlon** • **Vacation 2009** "I just came back from the Turks and Caicos and loved it!" • **Favourite holiday sun spots** "Barbados, Ramatuelle and Hawaii." • **Pre-holiday prep** "Go for a mani-pedi, dye my lashes, get my roots done, prep my body for exposure and shop for summer dresses and a new bikini." • **Favourite cocktails** "Caipirinhas, bellinis and, on a summer holiday, chilled rosé." • **Favourite indulgence** "Fresh grilled fish." • **Packing essentials** "A new swimming costume, a great beach bag, a deck of cards, a great sundress and a hat." • **Favourite self-tanner brand** "Decleor." • **Favourite bathing beauty** "Ursula Andress."



Gucci Westman with her husband and son in the Turks and Caicos



Decleor Aroma Sun SPF 10 Hydrating Tinted Self-Tanning Gel-Cream (\$35)



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H&M

Sigourney Weaver has revealed that she will not be appearing in Ghostbusters 3. In an interview with TV Squad she said: "No, I don't expect to have anything to do with it, although I wish them well." **FEMALEFIRST.CO.UK**

Entertainment

EDITOR: DEAN.LISK@METRONews.CA

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

Alexisonfire grows up

Alexisonfire

Album: Old Crows/
Young Cardinals
Label: Dine Alone
Rating: A++

"WE ARE NOT the kids we used to be, stop wishing for yesterday." So goes the chorus of Old Crows, the opening track of Alexisonfire's fourth CD (note: it's yelled, not screamed). Yes, boys and girls, even emo-screamo kids have to grow up, sometime. That's the message deftly delivered here. The members of Alexisonfire were barely out of high school six years ago when they astonished an unsuspecting industry by



scoring platinum with a searing debut CD without the help of a major label. Old Crows/Young Cardinals retains the edge of the old AOF while venturing into a maturer sound, more palatable to older ears. The vocal tension between Dallas Green, Wade MacNeil and George Pettit remains, but also produces some remarkable harmonies. Pettit in particular has traded his hardcore screams for an angry, throaty howl. And the social politics he enters in songs like Emerald Street are written with the keen eye of the observer. This is a band that's far stronger than it's individual parts and will hopefully be around for many years to come.

Graham Rockingham/for Metro Canada

Regina Spektor

Album: Far
Label: Sire/Warner
Rating: A++

IT'S HARD TO figure Regina Spektor out. The Moscow-born, Bronx-raised pianist wowed fans with her dark songs on Begin to Hope, but here she's playing the pure pop princess. Equal parts cute, quirky and just plain weird, Far delivers an eclectic mix of jumpy piano numbers and indie Feist-like sounds. For the most part it works — Eet is a rollicking track with a wicked falsetto — but there are some flops, such as Machine, a plodding, drone tune that



MusicReviews

music@metronews.ca

sounds too industrial for its own good.

Bryan Borzykowski/for Metro Canada

The Clinks

Album: Dirty Kings
Label: Warner
Rating: A++

THE COVER OF this Toronto band's third album promises to deliver some nasty, below-the-belt punches. But the only real dirt here is a sexual tease. The Clinks have streamlined into that of a slickly produced guitar-based power trio. The album comes out of the box



Next Riddler?

Johnny Depp wants to play the Riddler in the next Batman movie. The Public Enemies star would love to take on the role of the game-obsessed villain in the superhero blockbuster.

FEMALEFIRST.CO.UK



Old Crows/Young Cardinals is the new album from Alexisonfire.

bubbling over with hypersexual tension on the opening track Haunted and the title song Dirty King, but settles into the plodding comfort zone of '80s power balladry on Not Your Boy, Red and Blue and eventually slides into the graceful cabaret of Emily. The Clinks

are at their best when following the driving lead of bassist Jen Benton. Lead singer and guitarist Lucas Silveira has the potential for achieving major alt-rock divadom. He'll find it easier to achieve by serving up more dirt and less theatre.

Graham Rockingham/for Metro Canada

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	3	KHQ	- 370	News	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	30 Rock	The Office	30 Rock	The Listener	News (N)
	4	CBXT	- 307	Coronation ST	Jeopardy! (N)	The Dolphin Dealer (2008)	Doc Zone (HDTV)	CBC News: The National	CBC News: The National	The Hour	The Hour	News (N)
	6	KREM	- 372	News (N)	Hollywood	The Doctors	Criminal Minds (HDTV)	CSI: Crime Scene Invstgn.	The Mentalist	The Mentalist	The Mentalist	News (N)
	7	CKEM	241 347	Law & Order: SVU	Law & Order: SVU	Law & Order: UK	30 Rock	30 Rock	30 Rock	30 Rock	30 Rock	News (N)
	8	CTV	240 339	ET Canada	Entertainment	(8:01) Harper's Island	Bones (HDTV PA)	The Office	The Office	The Office	The Office	News (N)
	11	OMNI	- -	Two/Half Men	The Simpsons	News	News	The Simpsons	The Simpsons	The Simpsons	The Simpsons	News (N)
	13	KXLY	- 371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Samantha Who	In Motherhood	Grey's Anatomy	Grey's Anatomy	News (N)
	16	KAYU	- 373	The Simpsons	Raymond	Two/Half Men	Bones (HDTV PA)	So You Think You Can Dance	The Beast	The Beast	The Beast	News (N)
	19	CHTV	- -	The Insider (N)	El News	Miss Congeniality 2: Armed and Fabulous ** (2005)	Midsummer Murders	MI-5	MI-5	MI-5	MI-5	News (N)
	22	KSPS	- 374	NewsHour With Jim Lehrer	NewsHour With Jim Lehrer	NW Profiles	Jeep-Soldier	Summer Wine	Summer Wine	Summer Wine	Summer Wine	News (N)
	24	WTVS	- 364	Ask This Old	Michigan	MI-5 "President's Visit"	The Nature of Things	CBC News: The National	CBC News: The National	CBC News: The National	CBC News: The National	News (N)
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	27	CNN	500 500	Larry King Live (N)	Larry King Live (N)	Anderson Cooper 360 (HDTV)	News	CTV News	CTV News	CTV News	CTV News	News (N)
	54	CTVN	501 391	CTV News Tonight	CTV News Tonight	CTV News Tonight	CTV News Tonight	CTV News Tonight	CTV News Tonight	CTV News Tonight	CTV News Tonight	News (N)
	70	BNN	504 508	Squeeze Play	Squeeze Play	Squeeze Play	Squeeze Play	Squeeze Play	Squeeze Play	Squeeze Play	Squeeze Play	News (N)
	20	TSN	400 400	MLB Baseball	MLB Baseball	MLB Baseball	MLB Baseball	MLB Baseball	MLB Baseball	MLB Baseball	MLB Baseball	News (N)
	23	net	408 418	Best Damn Sports Show	Best Damn Sports Show	Best Damn Sports Show	Best Damn Sports Show	Best Damn Sports Show	Best Damn Sports Show	Best Damn Sports Show	Best Damn Sports Show	News (N)
	47	SPEED	417 406	Pinks - All Out (HDTV)	Pinks - All Out (HDTV)	Pinks - All Out (HDTV)	Pinks - All Out (HDTV)	Pinks - All Out (HDTV)	Pinks - All Out (HDTV)	Pinks - All Out (HDTV)	Pinks - All Out (HDTV)	News (N)
	94	SCORE	410 403	(5) 2009 NBA Draft	(5) 2009 NBA Draft	(5) 2009 NBA Draft	(5) 2009 NBA Draft	(5) 2009 NBA Draft	(5) 2009 NBA Draft	(5) 2009 NBA Draft	(5) 2009 NBA Draft	News (N)
	9	EDACC	267 351	Alberta Primetime (Live)	Alberta Primetime (Live)	Alberta Primetime (Live)	Alberta Primetime (Live)	Alberta Primetime (Live)	Alberta Primetime (Live)	Alberta Primetime (Live)	Alberta Primetime (Live)	News (N)
	14	YTV	552 543	Drake & Josh	Family Biz	Prank Patrol	Prank Patrol	Malcolm-Mid.	Futurama	In Real Life	Falcon Beach	News (N)
	17	TREE	553 546	Little Bear	Maggie-Beast	Comfy Couch	Zigby	Max & Ruby	Babar	Backyardigans	Ni Hao, Kai-Lan	Go, Diego, Go!
	42	TOON	555 545	Ben 10	Johnny Test	Stoked (N)	Stoked (N)	6TEEN	6TEEN	Futurama	Tank Girl * (1995)	Ice-T
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	18	CMT	575 583	Live at the Orange Lounge with Keith Urban	Live at the Orange Lounge with Keith Urban	Crime 360 "Run & Gun"	Crime 360 (HDTV)	Crime 360 (HDTV)	Crime 360 (HDTV)	Crime 360 (HDTV)	Crime 360 (HDTV)	Crime 360
	25	A&E	615 520	Crime 360 Serial robber.	Crime 360 Serial robber.	Crime 360 Serial robber.	Crime 360 Serial robber.	Crime 360 Serial robber.	Crime 360 Serial robber.	Crime 360 Serial robber.	Crime 360 Serial robber.	Crime 360
	28	MMM	571 581	The Daily Fix	The Daily Fix	The Daily Fix	The Daily Fix	The Daily Fix	The Daily Fix	The Daily Fix	The Daily Fix	Crime 360
	29	FOD	603 561	Jamie Oliver's Ministry	Jamie Oliver's Ministry	Jamie Oliver's Ministry	Jamie Oliver's Ministry	Jamie Oliver's Ministry	Jamie Oliver's Ministry	Jamie Oliver's Ministry	Jamie Oliver's Ministry	Crime 360
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	32	DISC	520 505	Sperm Race	Time Warp	MythBusters	MythBusters	MythBusters	MythBusters	MythBusters	MythBusters	Crime 360
	33	SLICE	601 562	10 Pounds	Last 10	Bulging Brides	Bulging Brides	Bulging Brides	Bulging Brides	Bulging Brides	Bulging Brides	Crime 360
	34	W	602 567	Style by Jory	Style by Jory	How Clean	Friends	Divine Design	House	Confidential	Save Us-House	Crime 360
	35	TLN	521 560	American Chopper (N)	Paint Misbehavin' (N)	Paint Misbehavin' (N)	Paint Misbehavin' (N)	Paint Misbehavin' (N)	Paint Misbehavin' (N)	Paint Misbehavin' (N)	Paint Misbehavin' (N)	Crime 360
	36	BRAVO	520 523	Walk All Over Me (2007, Crime Drama)	Leelee Sobieski.	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Law & Order	Crime 360
	38	SPIKE	628 584	TNA Wrestling (HDTV) (N)	TNA Wrestling (HDTV) (N)	TNA Wrestling (HDTV) (N)	TNA Wrestling (HDTV) (N)	TNA Wrestling (HDTV) (N)	TNA Wrestling (HDTV) (N)	TNA Wrestling (HDTV) (N)	TNA Wrestling (HDTV) (N)	Crime 360
	40	SHOW	522 506	Unlocking the Past	Unlocking the Past	NCIS "Head Case"	NCIS "Head Case"	NCIS "Head Case"	NCIS "Head Case"	NCIS "Head Case"	NCIS "Head Case"	Crime 360
	41	COM	626 547	Laughs	Comedy Now	Air Force	Just for Laughs	Just for Laughs	Just for Laughs	Just for Laughs	Just for Laughs	Crime 360
	43	SPACE	627 528	SS Doomsday (2006, Science Fiction)	Corin Nemec.	Home Videos	Seinfeld	Family Guy	Family Guy	Family Guy	Family Guy	Crime 360
	44	WPCH	624 650	MLB Baseball	MLB Baseball	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Crime 360
	46	OLN	411 457	Survivorman	Survivorman	Traders "Meltdown"	Traders "Meltdown"	Traders "Meltdown"	Traders "Meltdown"	Traders "Meltdown"	Traders "Meltdown"	Crime 360
	48	TROP	619 525	North of 60 "The Cure"	North of 60 "The Cure"	Tonight Show-Conan O'Brien	Tonight Show-Conan O'Brien	Tonight Show-Conan O'Brien	Tonight Show-Conan O'Brien	Tonight Show-Conan O'Brien	Tonight Show-Conan O'Brien	Crime 360
	50	STAR	621 527	Paris Hilton's My New BFF	Paris Hilton's My New BFF	Disaster DIY	Disaster DIY	Disaster DIY	Disaster DIY	Disaster DIY	Disaster DIY	Crime 360
	52	HGTV	600 564	Disaster DIY	Big Amazing	Disaster DIY	Disaster DIY	Disaster DIY	Disaster DIY	Disaster DIY	Disaster DIY	Crime 360
	65	TLN	700 800	(6) Soccer	Warriors: TKO	Wapors Bay	Wapors Bay	Wapors Bay	Wapors Bay	Wapors Bay	Wapors Bay	Crime 360
	92	APTN	269 350	The Solid Gold Cadillac *** (1956, Comedy)	The Solid Gold Cadillac *** (1956, Comedy)	Canada's Next Top Model	Canada's Next Top Model	Canada's Next Top Model	Canada's Next Top Model	Canada's Next Top Model	Canada's Next Top Model	Crime 360
	93	VISION	267 394	Canada's Next Top Model	Canada's Next Top Model	Video on Trial	MuchNews	MuchNews	MuchNews	MuchNews	MuchNews	Crime 360
	100	MTV	581 566	Canada's Next Top Model	Canada's Next Top Model	Revue	Homicide File	Psychic Inv.	Encounters	Prime-Politics	Primetime Politics	Crime 360
	101	MM	570 580	Paris Hilton's My New BFF	Paris Hilton's My New BFF	Passion	Passion	Passion	Passion	Passion	Passion	Crime 360
	102	CPAC	512 396	(6:30) Primetime Politics	(6:30) Primetime Politics	Passion	Passion	Passion	Passion	Passion	Passion	Crime 360
	103	VIVA	526 507	The Closer "Slippin"	The Closer "Slippin"	Passion	Passion	Passion	Passion	Passion	Passion	Crime 360
	106	RDI	126 730	Le Téléjournal (SC)	Le Téléjournal (SC)	RDI en direct	Le National	Le National	Le National	Le National	Le National	Crime 360
	161	SUPER	W ** (2008, Docudrama)	Josh Broin, Elizabeth Banks.	Josh Broin, Elizabeth Banks.	Josh Broin, Elizabeth Banks.	Josh Broin, Elizabeth Banks.	Josh Broin, Elizabeth Banks.	Josh Broin, Elizabeth Banks.	Josh Broin, Elizabeth Banks.	Josh Broin, Elizabeth Banks.	Crime 360
												Crime 360

critics' corner

CMT Live at the Orange Lounge with Keith Urban

He's got several tour stops in Canada this fall, but if you can't wait that long, enjoy this concert special that country music's wonder from Down Under taped in Toronto in May. Highlights include a rousing opening rendition of "Days Go By," a haunting acoustic version of "Once in a Lifetime" and a string of songs from his latest album, "Defying Gravity." A sweet thing indeed. 7 PM on CMT



The Solid Gold Cadillac

The little guy — or gal — can make a difference. Judy Holiday stars in this 1956 comedy as Laura, the proud owner of a small number of shares in a large corporation. Attending her first stockholders meeting, she's not what the board is used to. Nevertheless, she attracts the attention of the soon-to-be-former CEO (Paul Douglas). To silence her uncomfortable questions, the board members give her a job — hoping she'll settle down and be quiet. No such luck. 7 PM on VISION

The Mars Volta

Album: Octahedron
Label: Warner
Rating: A++

THE MARS VOLTA'S heavy prog-rock riffs have sent fans of the band members' old band, At The Drive-In, running for the hills a long time ago. And while their fifth disc won't bring back all those followers, this might be the album that'll win over the critics. Octahedron is still loaded with meandering guitars, Rush-like vocals and incredibly complex arrangements, but it's more measured, and less over-the-top than their previous work. The instrumentation is looser, the vocals accessible, and the band's pretension has been dialed back.

Bryan Borzykowski/for Metro Canada

Listen to this week's reviewed music at metronews.ca/music

Kenya'sStyle

Kenya Hunt

Read the blog at metronews.ca/kenyasstyle

Lovato wears Disney crown

IAN JOHNSTON
for Metro Canada



Disney's latest acting-and-singing megastar doesn't mind missing out on normal teen things like high school. At 17, she just wants to work.

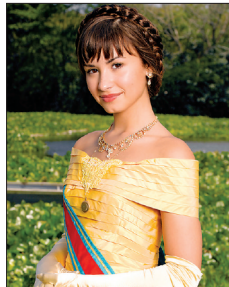
"I'll relax when I'm older," says Demi Lovato, whose last couple of years have included a hit album, a sold-out tour with the Jonas Brothers, the Disney megahit *Camp Rock*, a sitcom (*Sonny With A Chance*), and the TV movie *Princess Protection Program*, airing this tomorrow on Family.

Oh, and there's also a second 2009 album, set for release next month, plus the inevitable *Camp Rock 2*.

"That's crazy, I know. But I'm doing it. Why not take advantage of it now if the opportunity is there?" says Lovato, who was in Toronto recently for the red carpet premiere of *Princess Protection Program*.

The comedy is a typically lighthearted fish-out-of-water Disney TV movie about a princess (Lovato) who befriends an American tomboy (Selena Gomez), while hiding out in a small southern town.

Princess is just Lovato's latest project with Disney, responsible for steering the careers of such tween sensations as Miley Cyrus



Demi Lovato returns to Disney with the TV movie *Princess Protection Program*, which airs tomorrow on Family

and The Jonas Brothers. Lovato isn't as famous as all that — yet — but she's getting there. Lovato says she's comfortable with fame and being a role model for kids.

"I knew going into *Camp Rock* I'd become a role model. But I want people to know I'm growing up right in front of you. So I'm going to make mistakes. I want to be a role model for what I do or overcome — not being perfect."

Princess teams Lovato with her longtime friend Gomez, another rising Disney star best known for the series *The Wizards of Waverley Place*.

The pair first met as seven-year-olds in Dallas at, believe it or not, a casting call for *The Barney Show*.

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Steve Brazil

"Steve is a great contractor"

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Nick Lachey and Vanessa Minnillo have called it quits, their reps confirm to people.com. "They have amicably split but remain good friends who still greatly care for one another," Minnillo's rep said of the couple, who began dating in 2006. **METRO NEWS SERVICES**

Nick nixes relationship

Celebrity Buzz

What's life without Brad?

SOULMATES Angelina Jolie admits she couldn't imagine life without Brad Pitt. "I don't like being without him. I don't love being alone any more," she told Britain's OK magazine.

"He's amazing. He's a really dedicated father. I feel very

blessed that every day I wake up and I live with my favourite people in the world, as well as my best friend."

And then there are the six kids they share. "Of course couple time is important, but we've grown to love the chaos of six kids and the fact that you can never stop being mommy and daddy. Even if we lock our door the children come knocking."

METRO WORLD NEWS



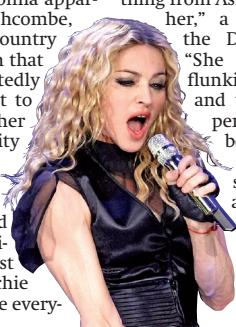
Madge pines for Ashcombe

NOSTALGIA Madonna apparently misses Ashcombe, her English country estate, so much that she's reportedly sparing no cost to make over her New York City home in its image — room by room.

"It would have been easier if she had just asked Guy Ritchie if she could take every-

thing from Ashcombe with her," a source told the Daily Mirror. "She has ordered flunkies to go out and troll the Upper East Side boutiques for candelabras, side tables and period chaises."

METRO WORLD NEWS



Chris kicks into career-saving mode?

DAMAGE CONTROL Chris Brown won't go to jail for assaulting Rihanna, but the question now is whether his plea-bargained penalty — community labour, probation, domestic violence classes — will reform his behaviour and save his career, people.com reports.

Brown reached a deal with prosecutors in exchange for pleading guilty to felony assault — and some experts say the R&B

star is already off to a good start.

"In accepting a plea bargain, you're accepting responsibility for your behaviour," said New York City clinical psychologist Jeffery Gardere. And by taking the court-mandated classes, Brown will be forced to face the issues that led him to become violent

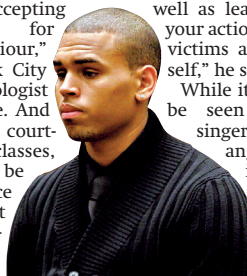
in the first place. "Part of those classes is talking about what happened as well as learning what your actions can do to victims and to yourself," he said.

While it remains to be seen how the singer handles his anger, living in the public eye may serve as an extra deterrent.

What may be harder for Brown — once known as a good boy — is rehabbing his image.

"A song with the proper lyrics and melody can heal wounds," explained former record label executive Charlie Walk, president and CEO of CWE Media, a multimedia entertainment company. "If he apologizes through song, that may be enough to take him where he needs to go."

METRO NEWS SERVICES



Robert sends NYC into frenzy

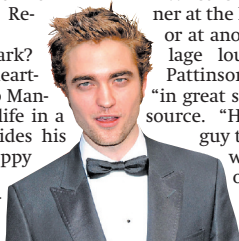
HEARTTHROB By day, Robert Pattinson makes the hearts of New York City women flutter around the city when he films his latest movie, Remember Me.

And after dark? The Twilight heartthrob heats up Manhattan's nightlife in a hoodie that hides his signature floppy hair, people.com reports.

The 23-year-old has been hitting East Village hotspots, including his favourite, Black and White.

Whether it's over dinner at the Bowery Hotel or at another East Village lounge, Cabin, Pattinson is reliably "in great spirits," said a source. "He's like the guy that everyone wants to hang out with."

METRO NEWS SERVICES



Britney mourns McMahon

TRIBUTE Britney Spears is mourning the death of Ed McMahon, who died Tuesday at age 86 after a battle with cancer, us-magazine.com reports.

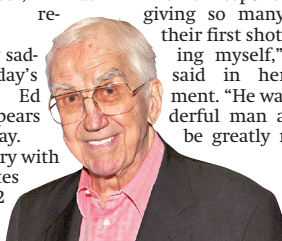
"I am deeply saddened by today's news about Ed McMahon," Spears Tweeted Tuesday.

Spears' history with McMahon dates back to 1992 when, at the

age of 10, she sang Naomi Judd's Love Can Build a Bridge on the McMahon-hosted show Star Search.

"He is responsible for giving so many artists their first shot, including myself," Spears said in her statement. "He was a wonderful man and will be greatly missed."

METRO NEWS SERVICES



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Today
Morning clouds.
23°C / 9°C



Friday
Afternoon clouds.
18°C / 8°C



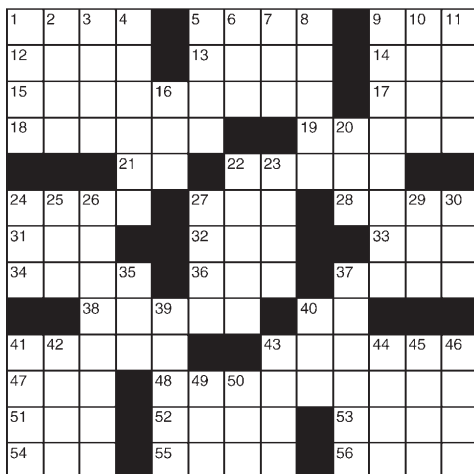
Saturday
Decreasing cloudiness.
23°C / 7°C



Andrew Schultz, Weather Specialist – Breakfast Television

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."

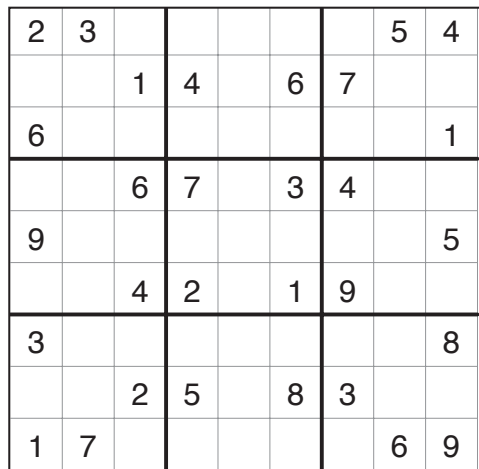
WEEKDAYS AT 6 A.M.



Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



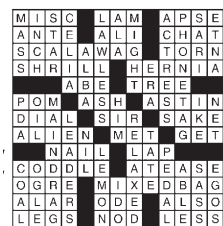
Crossword across

- | | |
|----------------------------|---------------------------------|
| 1 Serve tea | 33 Astaire specialty |
| 5 Nibble away at | 34 Make one's way |
| 9 Once around the track | 36 Foolhardy goddess |
| 12 Teensy bit | 37 Peru's capital |
| 13 Easy gait | 38 Manhattan Project scientist |
| 14 Swelling aid | 40 Lindbergh book |
| 15 Trattoria order | 41 Musical show |
| 17 Support system? | 43 Piece maker? |
| 18 Off the boat | 47 Cistern |
| 19 Harder to find | 48 Lucia di Lammermoor composer |
| 21 Celeb-oriented magazine | 51 Performance |
| 22 Tin star | 52 First victim |
| 24 Datum | 53 Middy |
| 27 Solidify | 54 Muumuu accessory |
| 28 Elevator name | 55 Mob scene |
| 31 Conceit | 56 Woman of the knight? |
| 32 Adaptable truck | |

Crossword down

- | | |
|----------------------|---------------------------------|
| 1 Tower city | 26 New Year's Eve mess |
| 2 "My bad" | 27 "Where America's Day Begins" |
| 3 Hexagonal state | 29 "How Dry —" |
| 4 Mixture | 30 Resort |
| 5 Merriment | 35 Aachen article |
| 6 "To be or —" | 37 Myth |
| 7 Likely | 39 Speeder's worry |
| 8 Odd | 40 Oz VIP |
| 9 Musical texts | 41 Elliptical |
| 10 Farm fraction | 42 Wear a rut in the rug |
| 11 Bartlett, for one | 43 Leave at the altar |
| 16 Day pts. | 44 Old portico |
| 20 Past | 45 Bit for 38-Across |
| 22 Playwright Ugo | 46 Sommelier's suggestion |
| 23 Sheltered | 49 Kimono closer |
| 24 A mere handful | 50 Ultramodernist |
| 25 Census statistic | |

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



5	9	2	1	4	7	8	3	6
4	1	6	3	9	8	7	5	2
7	3	8	6	5	2	1	4	9
3	6	5	4	8	1	9	2	7
1	7	9	2	3	5	4	6	8
8	2	4	7	6	9	5	1	3
9	5	3	8	2	4	6	7	1
2	4	1	9	7	6	3	8	5
6	8	7	5	1	3	2	9	4

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

- | | |
|-------------------------|-----------------------------|
| Under 13 min.....Genius | 17-21 min.....Smart |
| 13-17 min.....Scholar | 21-25 min.....Not bad |
| | 25+ min.....Keep practising |

Take Five

Metro Recipe of the Day



Spicy Pork Burgers with Guacamole

INGREDIENTS:

- 3 tbsp (45 ml) canola oil
- 2 cloves garlic
- 1 small onion
- 2 fresh red or green chili peppers
- 1 tsp (5 ml) ground coriander
- 1 tsp (5 ml) ground cumin
- Small bunch of cilantro
- 1 lb (450 g) ground pork
- 1 small egg
- Salt and black pepper
- 1 lemon or lime
- 1 large avocado

METHOD:

- Heat 1 tbsp (15 ml) canola oil in small frying pan. Peel and crush 1 clove of garlic, peel and finely chop onion, add to pan and fry until soft.
- Rinse and finely chop fresh chili peppers, including seeds. Set half aside for guacamole and add remainder to onion. Stir in spices and fry gently 3 minutes, or until mixture is soft but not browned.
- Rinse, dry and roughly chop enough cilantro leaves to give 2 tbsp (25 ml) and add half to reserved chili peppers. Put

rest of chopped coriander into large bowl and add fried onion mixture, pork, egg, salt and pepper. Wash wax from lemon or lime, finely grate rind into bowl and stir mixture, which should be slightly soft.

4. Heat remaining oil in large frying pan. Divide mixture into four and pat each piece into fairly flat burger. Fry over moderate heat 5-6 minutes per side, until cooked through.

5. For guacamole, squeeze juice from half lemon or lime and put into bowl with reserved chili peppers. Peel remaining garlic clove and crush into bowl. Halve and pit avocado, and scoop flesh into bowl. Season, then mash together well.

6. Drain burgers on paper towels and serve with guacamole and corn chips or soft tortillas.

SERVES 4



Horoscopes by Sally Brompton

sallybrompton.com

ARIES

MARCH 21-APRIL 20

You'll feel a lump in your throat when you hear a hard luck story today. Being an Aries, you'll also want to do something practical to help.

LIBRA

SEPT 23-OCT 23

Your efforts in the next few days will bring amazing results — just don't worry you can't live up to others' expectations. You'll surpass them.

TAURUS

APRIL 21-MAY 21

Your smooth-talking ways will come to your rescue today, especially on the work front where you may have to say nice things to stay on good terms.

SCORPIO

OCT 24-NOV 22

A positive attitude will bring positive results today. A trip outside your usual neighbourhood will open your mind and could even bring romance.

GEMINI

MAY 22-JUNE 21

You may be a fun-loving type but if you get carried away in the next few days the bill may be bigger than expected. Make sure others pay their share.

SAGITTARIUS

NOV 23-DEC 21

Few things happen that are not part of a wider plan. If you can internalize that thought you will never again worry about minor setbacks.

CANCER

JUNE 22-JULY 22

Someone seems to think they can tell you what to do, but you have no intention of dancing to their tune like a puppet. Cut the ties and set yourself free.

CAPRICORN

DEC 22-JAN 20

What pleases the love of your life pleases you too, but don't let that blind you to the fact that not all your needs and desires coincide.

LEO

JULY 23-AUG 23

You enjoy being the centre of attention, but you won't be in the mood for socializing today. You don't have to make an effort if you don't really want to.

AQUARIUS

JAN 21-FEB 18

You'd do anything for anyone, loved one or stranger, but that can make you a target for less honest types. Don't let them exploit you.

VIRGO

AUG 24-SEPT 22

Someone will try to embarrass you today but they'll only succeed if you allow yourself to feel guilty about what you have done.

PISCES

FEB 19-MARCH 20

The sun in Cancer at this time of year makes all things possible, so why are you trying to go back and change outcomes that have already occurred?

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